



# Clinical Advisory Committee Meeting Minutes

Transforming Lives. Building Community Well-Being.

Date April 5, 2024

<b>Meeting Called By</b>	Dr. Michael Smith, Chief Medical Officer
<b>Type of Meeting</b>	Web-Ex Meeting 1:00pm – 2:30pm

## EXTERNAL ATTENDEES - VOTING MEMBERS/NON-VOTING MEMBERS

	Present	NAME	Present	NAME	Present
Hillary Faulk-Vaughn, Chair PAMH Clinical Director <b>Voting Member</b>	<input checked="" type="checkbox"/>	Dr. Robby Adams, MD Vice-Chair Medical Director, Various <b>Voting Member</b>	<input type="checkbox"/>	Ann Phelps Wilson Clinical Pharmacist, Novant Health NHRMC <b>Voting Member</b>	<input checked="" type="checkbox"/>
Dr. Terri Duncan, PhD Director of Bladen County DHHS <b>Voting Member</b>	<input checked="" type="checkbox"/>	Gary Bass Pride in NC, CEO <b>Voting Member</b>	<input type="checkbox"/>	Ryan Estes Coastal Horizons, COO <b>Voting Member</b>	<input checked="" type="checkbox"/>
Natasha Holley Integrated Family Services Clinical Director <b>Voting Member</b>	<input checked="" type="checkbox"/>	Tracey Simmons-Kornegay Public Health Director Duplin County Health Dept <b>Voting Member</b>	<input type="checkbox"/>	Sharlena Thomas RHA Behavioral Health Services State Clinical Director <b>Voting Member</b>	<input type="checkbox"/>
Michael Martin ABC Pediatrics <b>Voting Member</b>	<input type="checkbox"/>	Dr. Ritesh Patel, PharmD PORT Health - Independent Contractor <b>Voting Member</b>	<input type="checkbox"/>	Dr. Ian Bryan, MD ENC Pediatrics Owner/Director <b>Voting Member</b>	<input checked="" type="checkbox"/>
Dr. Michael Lang, PhD Chair of Psychiatry at ECU Health Brody School of Medicine <b>Voting Member</b>	<input type="checkbox"/>	Dr. Hany Kaoud, MD PORT Health Medical Director <b>Voting Member</b>	<input type="checkbox"/>	Dr. Carol Gibbs Therapeutic Alternatives (Psychiatrist) <b>Voting Member</b>	<input type="checkbox"/>
Dr. Johnnie Hamilton Clinical Director Dixon Social Interactive Services, Inc. <b>Voting Member</b>	<input type="checkbox"/>	Dr. Beth Pekarek Medical Director for Daymark (Eastern) <b>Voting Member</b>	<input checked="" type="checkbox"/>	Dr. Robert McHale Medical Director for Monarch <b>Voting Member</b>	<input type="checkbox"/>
Laura McRae TFC Senior Director Pinnacle Family Services <b>Voting Member</b>	<input type="checkbox"/>	Katie Wright Program Director Carolina Outreach, LLC <b>Voting Member</b>	<input checked="" type="checkbox"/>	Erin Warlick Clinical Director Advantage Behavioral Healthcare, Inc. <b>Voting Member</b>	<input type="checkbox"/>
Amy Moore Dixon Social Interactive Services, Inc. (Alternate for Dr. Hamilton) <b>Voting Member</b>	<input checked="" type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>

## INTERNAL TRILLIUM ATTENDEES, PRESENTERS, GUESTS - NON-VOTING MEMBERS

NAME	Present	NAME	Present	NAME	Present
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Dr. Michael Smith Chief Medical Officer Trillium - <b>Non-voting Member</b>	<input checked="" type="checkbox"/>	Dr. Arthur Flores Deputy Chief Medical Officer Trillium - <b>Non-voting Member</b>	<input checked="" type="checkbox"/>	Jason Swartz Pharmacy Director Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>
Dr. Paul Garcia Staff Physician (Alternate for Dr. Smith) Trillium - <b>Non-voting Member</b>	<input checked="" type="checkbox"/>	Khristine Brewington VP Network Management Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>	Julie Kokocha Director of Network Accountability (Alternate for Khristine) Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>
Dr. Olive Cyrus Quality Manager Director Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>	LaDonna Battle Executive Vice President of Care Mgmt. & Population Health Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>	Amanda Morgan QM Coordinator Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>
Benita Hathaway VP Population Health & Care Mgmt. Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>	Trudy Paramore Admin Asst – Medical Affairs Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>	Cham Trowell Director of UM for Behavioral Health Trillium – <b>Non-voting Member</b>	<input type="checkbox"/>
Dr. Anthony G. Carraway Medical Director Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>	Dr. Isa Cheren Medical Director Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>	Dr. Taylor Goodnough Medical Director Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>
Dr. Venkatalakshmi Doniparthi Medical Director Trillium – <b>Non-voting Member</b>	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	Vanessa Gibbs Info Mgr. Data Reporting Trillium Presenter – <b>Non-voting</b>	<input checked="" type="checkbox"/>

## AGENDA

### 1. Agenda topic: Welcome and Call to Order

Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> <li>Dr. Smith called the Clinical Advisory Committee (CAC) Meeting to order.</li> <li>Dr. Smith will be leading the meeting for Hillary today.</li> </ul>	
Conclusions	<ul style="list-style-type: none"> <li>There were no questions or concerns identified for follow-up or items recommended for corrective action.</li> </ul>	
Action Items	Person(s) Responsible	Deadline
<ul style="list-style-type: none"> <li>There were no items identified for follow-up</li> </ul>		

### 2. Agenda topic: Agenda Review and Approval

Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> <li>A quorum was not present for today's meeting.</li> <li>The agenda will be emailed to the group for an electronic vote.</li> </ul>
Conclusions	<ul style="list-style-type: none"> <li>The agenda for April 5, 2024, was approved via electronic vote with all members in favor.</li> <li>There were no questions or concerns identified for follow-up or items recommended for corrective action.</li> </ul>

Action Items	Person(s) Responsible	Deadline
<ul style="list-style-type: none"> <li>There were no items identified for follow-up</li> </ul>		

### 3. Agenda topic: Follow-up Items

Presenter(s): Dr. Michael Smith

Discussion	<ul style="list-style-type: none"> <li>Amanda – Share PIP presentation upon completion of development. <b>Completed and on today's agenda for review.</b></li> <li>Dr. Smith – F/u on Trillium sharing ADT list of uninsured state-funded beneficiaries who may be Medicaid eligible (with Medicaid Expansion) to assist those members with Medicaid enrollment. <b>TBD.</b></li> <li>Holly – Review Physical Health CTP Code #96127 and follow-up on possibly mirroring a CTP Code on the Behavioral Health Side. <b>Completed. CPT Code 96127 was added to the Trillium Benefit Plan. If providers want to request to have this code added to their contract they can submit the request to <a href="mailto:NetworkServicesSupport@trilliumnc.org">NetworkServicesSupport@trilliumnc.org</a>.</b></li> <li>Dr. Patel – Schedule time with Jason to discuss CPESN's data tracking. <b>Open. Dr. Patel will schedule a meeting with Jason to discuss this next week.</b></li> <li>Dr. Smith &amp; Hillary – Make additional revisions to by-laws and present at April meeting for discussion and vote. <b>Open. Revisions are still in process and a draft will be emailed to the group for feedback upon completion.</b></li> <li>Dr. Garcia – Add ASAM discussion to Apr Agenda. <b>Completed and on today's agenda.</b></li> <li>Dr. Garcia – Add IVC Process Changes to Apr Agenda. <b>Completed and on today's agenda.</b></li> <li>Susan – Post October 6, 2023 minutes to SP site and forward to Communications to post on Trillium's website – <b>Completed.</b></li> <li>Dr. Smith – F/u on no authorization timeline. <b>Open and scheduled for June meeting.</b></li> <li>Public Comment – 8D-3 Clinically Managed Low-Intensity Residential Treatment Services - <b>Emailed to CAC 3/26/24.</b></li> <li>Public Comment – 8D-6 Medically Monitored Intensive Inpatient Services – <b>Emailed to CAC 3/26/24.</b></li> <li>Public Comment – 8D-4 Clinically Managed Pop Specific High-Intensity Residential Program – <b>Emailed 3/26/24.</b></li> <li>Public Comment – 8D-5 Clinically Managed Residential Services – <b>Emailed 3/26/24.</b></li> </ul>	
Conclusions	<ul style="list-style-type: none"> <li>All open follow-up items will be carried forward to the next meeting until completion.</li> <li>There were no other questions or concerns identified for follow-up or items recommended for corrective action.</li> </ul>	
Action Items	Person(s) Responsible	Deadline
<ul style="list-style-type: none"> <li>F/u on Trillium sharing ADT list of uninsured state-funded beneficiaries who may be Medicaid eligible (with Medicaid Expansion) to assist those members with Medicaid enrollment</li> </ul>	Dr. Smith	TBD
	Dr. Patel	Jun Mtg.

<ul style="list-style-type: none"> <li>Schedule time with Jason to discuss CPESN's data tracking</li> <li>Make additional revisions to by-laws to present for discussion and official vote</li> <li>F/u on no authorization timeline</li> </ul>	Dr. Smith/Hillary	TBD
	Dr. Smith	Jun Mtg.

4. Agenda topic: Meeting Minutes Review and Approval  
Presenter(s): Dr. Michael Smith, Hillary Faulk-Vaughn

Discussion	<ul style="list-style-type: none"> <li>February 9, 2024 minutes will be emailed to the group for an electronic I vote.</li> </ul>	
Conclusions	<ul style="list-style-type: none"> <li>The February 9, 2024 minutes were approved with one correction via electronic vote with all members in favor.</li> <li>There were no questions or concerns identified for follow-up or items recommended for corrective action.</li> </ul>	
Action Items	Person(s) Responsible	Deadline
<ul style="list-style-type: none"> <li>Post February 9, 2024 minutes to Trillium's SP site &amp; forward to Communications to post to Trillium's Website</li> </ul>	Susan	ASAP

5. Agenda topic: QIA Review & PIP Presentation  
Presenter(s): Amanda Morgan

Discussion	<ul style="list-style-type: none"> <li><b>Mental Health 1-7 Day Follow Up QIA</b> <ol style="list-style-type: none"> <li>Measurement #23 (Oct-Dec 2023) is new for both DHB and DMH measures (local data only).</li> <li>Validated State data has not yet been received for Measurement #22 (Jul-Sep 2023); therefore, these measurements represent local data at this time.</li> </ol> </li> <li><b>Substance Use 1-7 day follow Up QIA</b> <ol style="list-style-type: none"> <li>Measurement #23 (Oct-Dec 2023) is new for both DHB and DMH measures (local data only).</li> <li>Validated State data has not yet been received for Measurement #22 (Jul-Sep 2023); therefore, these measurements represent local data at this time.</li> </ol> </li> <li><b>PIP Presentation</b> Amanda presented and reviewed Trillium's Performance Improvement Projects (PIPs). These were created due to problems, gaps, performance issues, accreditation/contract requirements and performance initiatives. PIPs are either Clinical or Non-clinical, data driven with measurable goals/outcomes with tracked/verified improvement results. The State has been very descriptive on the types of projects that Trillium must implement as PIPs. Trillium will be implementing the following PIPs: <ul style="list-style-type: none"> <li>➤ Follow-up after Emergency Department Visit for Mental Illness: 7 Day (HEDIS: FUM)</li> <li>➤ Follow-up after Hospitalization for Mental Illness: 7 Day (HEDIS: FUH)</li> <li>➤ DMH 1-7 Day Follow-up after Hospitalization for Mental Illness</li> <li>➤ DMH 1-7 day Follow-up after Hospitalization for Substance Use</li> <li>➤ Decrease Housing Separation Rate for TCL Members</li> </ul> </li> </ul>
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	<p>Amanda gave an overview for each individual PIP to include the goal, project lead, category, and interventions TBD. The Plan Do Study Act (PDSA) Cycle is what Trillium uses to develop all PIPs.</p> <ul style="list-style-type: none"> <li> <b>Discussion</b>            Hillary asked if providers were included on any of the PIPs Partners Teams. Amanda responded that currently the PIPs Partners Teams are made up of internal staff. Dr. Garcia shared that when we started with the PIPs we continued to hold meetings with the hospitals and other stakeholders to get their input. He stated if anyone has additional suggestions they can email him at <a href="mailto:Paul.garcia@trilliumnc.org">Paul.garcia@trilliumnc.org</a>, Trillium welcomes all feedback. Ryan shared Coastal Horizons is working with Novant in the Wilmington area through a Federal Grant where we have embedded Peer Support Specialists and Therapists to expedite those who are in the ED to getting connected to services. This has the opportunity to demonstrate as a Pilot whether it's effective and it would be really helpful for Trillium to help review the success of this and advocate back to the State. The challenge with this is Coastal Horizons cannot bill for this because the Medicaid is encumbered under the hospital bed, but the assessments are getting completed and getting expedited back into services. There is a follow-up code that ends up getting billed that shows that they had that successful landing within 7-days. Ryan shared this is the scenario for members that are admitted into the hospital. Hillary shared that her agency (Physicians Alliance) follows-up on the other side, the Behavioral Health Inpatient side. They meet with a lot of the folks that are referred from the inpatient side while they are in the hospital as well to start the intake process, screen for the different services and get the discharge planning ready to be able to be ready to pick them up the day they leave the hospital. They also run into the same challenge as they can't bill for it because they are inpatient and you can't bill for any outpatient codes while they are there. She shared that they also use the follow-up codes for billing. Dr. Garcia shared Novant has a Home to Hospital Program, but doesn't believe it includes mental health. He will follow-up with more information on this program to share with the group.         </li> </ul>	
<b>Conclusions</b>	<ul style="list-style-type: none"> <li>There were no questions or concerns identified for follow-up or items recommended for corrective action.</li> </ul>	
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>
<ul style="list-style-type: none"> <li>F/u on and share additional information on Novant's Home to Hospital Program</li> </ul>	Dr. Garcia	Jun Mtg.

**6. Agenda topic: Annual DHB Performance Measures**  
**Presenter(s): Vanessa Gibbs**

<b>Discussion</b>	<ul style="list-style-type: none"> <li>Vanessa presented and reviewed Trillium's Annual DHB Performance Measures. These were due to the State in November 2023 and covered Jul-Jun of the previous year. Moving into TP we will be implementing some additional measures. The Percentage of Calls Abandoned did increase slightly and was attributed to additional Standard Plan (SP) calls. The Length of Stay (hospital) days increased as well, but with the implementation of SPs</li> </ul>
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	our population decreased and was much smaller. There are a few Utilization Management (UM) measures that decreased as well.		
<b>Conclusions</b>	<ul style="list-style-type: none"> <li>There were no questions or concerns identified for follow-up or items recommended for corrective action.</li> </ul>		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>	
<ul style="list-style-type: none"> <li>There were no items identified for follow-up</li> </ul>			

**7. Agenda topic: Trillium Updates and Information**  
**Presenter(s): Dr. Michael Smith**

<b>Discussion</b>	<ul style="list-style-type: none"> <li> <b>TP Update</b>  TP will be going live on July 1, 2024 as announced by DHHS. The Healthy Opportunities Pilot (HOPs) will be going live on May 1, 2024 which affects 15 of our 46 counties. This is a pilot project that the State has initiated. Trillium hosted our third re-entry simulation event that happened just around the time of our last meeting. All were invited to go to our re-entry simulation events for a powerful experience. These events help us to realize how it feels to be released from incarceration and trying to get back into healthcare and pointing out the barriers of this transition. There will be more re-entry simulations hosted and they will be announced as they are scheduled. </li> <li> <b>Staffing and Consolidation Updates</b>  Trillium has increased staff to approximately 1,600 employees. We've experienced some turnover in this process. Within our key personnel positions we've only had one change. Our IDD TBI Clinical Director position transitioned from Dr. Kimberly Greer to Dr. Al Gainey. We are very excited to have Dr. Gainey in this position. He is not in attendance today, but hopefully will be at our June meeting. We are now NCOA Health Plan Accredited with Interim Status. Our next step in Health Plan Accreditation to be fully accredited is our initial survey which has not yet been scheduled, but is 15-17 months away. This gives us some time to prepare to go live with TP and be ready for our surveyors. Through consolidation we've added over 1,200 provider contracts and mailed out over 90,000 welcome packets. We continue to add providers to our Network especially primary care providers. Our Call Center is busy with our member lines and provider lines. Hillary asked if there was a plan in place for when member's that have a pharmacy or specialist that they are currently involved with and upon TP implementation (July 1, 2024) their doctor is not in Network. There needs to be a plan for what providers can do to help facilitate this so we know how to fix this barrier before going live. Dr. Smith responded that our Provider Support Line is up and running and we do try to address those calls as they come in. Jason stated for Pharmacy providers will be okay as any pharmacy in NC who is registered with Medicaid will be able to bill us even if they are not contracted with us. This will be the case for at least the first 90 days and then it may get extended to 150 days. When we see we've made payment within this timeframe to a non-contracted pharmacy we will reach out to them and assist with getting them contracted. Hillary was very excited about this information and asked if this will be the same case with medical care. </li> </ul>
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	<p>Benita responded that there will be some flexibilities in place for authorizations and out of network providers, so hopefully there will be no provider or member abrasion. Hillary asked if there will be a list of all the providers contracted with Trillium available in some type of search on the website accessible to see who is in network. Benita responded that that information should be available in the Provider Directory and Dr. Smith agreed. Dr. Smith stated that Trillium has worked with the Roberson County Columbus Kawanis Club partnering with them to complete another successful playground. Trillium is conducting our third Health Summit, our first was our African American Summit and was a success looking at different health conditions that impact different populations. Our Native American Health Summit is scheduled for May 20, 2024.</p>		
<b>Conclusions</b>	<ul style="list-style-type: none"> <li>There were no questions or concerns identified for follow-up or items recommended for corrective action.</li> </ul>		
<b>Action Items</b>	<b>Person(s) Responsible</b>	<b>Deadline</b>	
<ul style="list-style-type: none"> <li>There were no items identified for follow-up</li> </ul>			

**8. Agenda topic: CAC Business**

**Presenter(s): Dr. Smith, Dr. Garcia**

<b>Discussion</b>	<ul style="list-style-type: none"> <li> <p><b>Bylaw Term Limits Discussion – Dr. Smith</b></p> <p>Dr. Smith and Hillary are currently working on revisions to the CAC Bylaws as reported as a follow-up item (Section #3). Dr. Garcia stated our current bylaws state membership at CAC is unlimited and he asked the group to think about implementing term limits for membership to allow other providers the opportunity to join and to eliminate burn out for our members considering their other obligations.</p> </li> <li> <p><b>Candidates for Membership – Dr. Smith</b></p> <p>There are two potential candidates for membership in our committee. The first candidate is Tracey Kornegay with Duplin County Health Department. The second candidate is Ann Wilson with Novant who is in attendance today. Susan will email the candidates information out for an official vote. Dr. Olive Cyrus has also joined our committee. She is representing Trillium’s Quality Management Department. Dr. Cyrus comes to us with lots of nursing along with quality experience and is excited to join the CAC. Dr. Garcia shared he worked under Dr. Cyrus years ago at the VA and is glad to be working with her again.</p> </li> <li> <p><b>Annual Review of Screening Tools QI7 – Dr. Garcia</b></p> <p>This review will be conducted at the June meeting.</p> </li> <li> <p><b>E-file for IVC</b></p> <p>Dr. Garcia shared e-file is a new system being implemented by the Judicial System converting all IVC documents into an electronic format. Currently the counties that are live are Beaufort, Camden, Chowan, Currituck, Dare, Gates, Harnett, Hyde, Johnston, Lee, Martin, Mecklenburg, Pasquotank, Perquimans, Tyrrell, Wake and Washington. Later this month Alamance, Chatham, Durham, Franklin, Graham, Granville, Guilford, Orange, Person, Sampson, and Warren will go live with the e-courts. Hyper-links were</p> </li> </ul>		
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	<p>included on the agenda for the NC Courts e-file and a training video for e-file of the IVC process. Dr. Garcia shared you may have to go through this new process if you are attempting to commit someone.</p> <ul style="list-style-type: none"> <li>• <b>ASAM Guidelines Implementation Discussion – Dr. Garcia</b> There is a new version of the ASAM Guidelines as discussed at our February meeting. There was a question regarding coverage for any type of service and Dr. Garcia shared that from what he researched in the Clinical Coverage Policy it mentions the actual level for the particular service.</li> <li>• <b>Clinical Practice Guidelines (CPGs) – Dr. Smith</b> Dr. Smith stated we’ve collected all the CPGs and are still working through to identify duplication. Dr. Cyrus is leading the review to identify duplicated CPGs. He encouraged the group to view them (links provided on today’s agenda) for duplication, gaps and/or to recommend additional CPGs for endorsement. Once the review is completed they will be posted and available on Trillium’s external website for our Provider Network.</li> </ul>						
<b>Conclusions</b>	<ul style="list-style-type: none"> <li>• Please forward recommendations for evidenced based practices/CPG endorsement or updates to CPGs to <a href="mailto:Michael.Smith@trilliumnc.org">Michael.Smith@trilliumnc.org</a>, <a href="mailto:Paul.Garcia@trilliumnc.org">Paul.Garcia@trilliumnc.org</a> or <a href="mailto:Susan.Massey@trilliumnc.org">Susan.Massey@trilliumnc.org</a>.</li> <li>• There were no questions or concerns identified for follow-up or items recommended for corrective action.</li> </ul>						
<b>Action Items</b>	<table border="1"> <thead> <tr> <th></th> <th><b>Person(s) Responsible</b></th> <th><b>Deadline</b></th> </tr> </thead> <tbody> <tr> <td> <ul style="list-style-type: none"> <li>• Email info on potential candidates for membership for official vote</li> </ul> </td> <td>Susan</td> <td>ASAP</td> </tr> </tbody> </table>		<b>Person(s) Responsible</b>	<b>Deadline</b>	<ul style="list-style-type: none"> <li>• Email info on potential candidates for membership for official vote</li> </ul>	Susan	ASAP
	<b>Person(s) Responsible</b>	<b>Deadline</b>					
<ul style="list-style-type: none"> <li>• Email info on potential candidates for membership for official vote</li> </ul>	Susan	ASAP					

#### 9. Agenda topic: Open Agenda Discussion

Presenter(s): All Members

<b>Discussion</b>	<ul style="list-style-type: none"> <li>• There were no open agenda items recommended for discussion.</li> </ul>
<b>Conclusions</b>	<ul style="list-style-type: none"> <li>• N/A</li> </ul>
<ul style="list-style-type: none"> <li>• N/A</li> </ul>	

**Next Meeting Date:** June 7, 2024

(All meetings convene from 1pm – 2:30pm)

#### Supporting Document/Attachment for Minutes:

Agenda Apr 2024

Meeting Minutes – Feb 2023

QIA Grid & Graphs – Mar 2024

Annual DBH Measures Report

PIPs PowerPoint Training

Public Comment 8D-3

Public Comment 8D-4

Public Comment 8D5

Public Comment 8D6

CAC Bylaws - Oct 2023

Submitted by Susan Massey