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NEWS REPORT | May 15, 2024

North Carolina MCO Trillium Health Resources To Launch School-Based Therapy Services

Trillium Health Resources, a North Carolina Medicaid Local Management Entity-Managed Care Organization (LME-MCO), is launching school-based therapy services, and has issued a request for information to assess provider organization interest in offering the services in its newly consolidated counties. Selected organizations will offer school-based outpatient therapy for children experiencing mental health issues, I/DD, or substance use disorders in each designated school district. Responses to the RFI are due by June 30, 2024.

School-based mental health services range from assistance provided by a school counselor to a comprehensive, integrated program of prevention, identification, and treatment on campus. The selected organizations will provide assessments, group and individual therapy, and family supports to Medicaid beneficiaries enrolled in Medicaid Direct or the Trillium Tailored Plan (slated to launch July 1, 2024).

The LME-MCOs manage Medicaid and state-funded services for people with serious mental health, addiction disorder, traumatic brain injury (TBI), and intellectual/developmental disability (I/DD). With the launch of the Trillium Tailored Plan on July 1, 2024, physical health and pharmacy services will be added for Medicaid members placed on the Tailored Plan. On February 1, 2024, Trillium consolidated with LME-MCOs Eastpointe and Sandhills Center, and now serves a total of 46 of the state's 100 counties. The RFI includes the newly consolidated counties: Anson, Duplin, Edgecombe, Greene, Guilford, Hoke, Lee, Lenoir, Montgomery, Moore, Randolph, Richmond, Robeson, Sampson, Scotland, Wayne, Warren, and Wilson.

Trillium now seeks to build a strong infrastructure to develop a more comprehensive approach within school settings in the new counties. The RFI asked interested provider organizations to send a written letter of interest that states a proposed location for school-based services, an overview of the

organization's experience providing therapy for children, and an estimated timeline for providing assessments, group and individual therapy, and family supports.

The RFI is available for download at no charge to *OPEN MINDS Circle* subscribers at https://openminds.com/rfp/north-carolina-seeks-school-based-therapy-services-2/.

For more information, contact:

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