

Transforming Lives. Building Community Well-Being.

2024-2025 Medicaid Substance Use Specific Services Benefit Plan

Service Code(s):	Services Included:
H0014	Ambulatory Detoxification
H0020	Opioid Treatment Program Services
H2035	Substance Abuse Comprehensive Outpatient Treatment Program
H0015	Substance Abuse Intensive Outpatient Program
H0013	Substance Abuse Medically Monitored Community Residential Treatment

Codes / modifier combinations not mentioned for specialized services will be found within contracts.

For Medicaid services, Child services are available through age 21. Adult services are available from age 21 and older.

When state Medicaid coverage provisions conflict with the coverage provisions in a Trillium policy, state Medicaid coverage provisions take precedence.





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Person-Centered Plan Requirements & Guidance

Providers can use the PCP template or develop their own template, but the PCP <u>must</u> contain all the required elements: 1) Assessment of life domains; 2) Person-Centered Interview Questions; 3) An action plan; 4) An enhanced crisis intervention plan, and; 5) A signature page. The PCP should be based on a comprehensive assessment that examines the individual's symptoms, behaviors, needs and preferences across the life domains listed below. Additional info can be found on the <u>NCDHHS Person-Centered Planning Training</u> webpage (PCP Guide). See the <u>JCB #445 Timelines for Implementation</u> for the implementation requirements for the new PCP guidance and templates.

<u>Life Domains</u> (PCP Guide)

Each life domain should provide a written picture of what is currently happening, what the individual's vision for a preferred life is for that area, and what the provider is doing to support the individual to move closer to living their preferred life.

- Daily Life and Employment Domain: What a person does as part of everyday life.
- Community Living Domain: Where and how someone lives.
- Safety and Security Domain: Staying safe and secure (finances, emergencies, relationships, neighborhood, legal rights, etc.).
- Healthy Living Domain: Managing and accessing health care and staying well.
- Social and Spirituality Domain: Building/strengthening friendships and relationships, cultural beliefs, and faith community.
- *Citizenship and Advocacy Domain*: Building valued roles, understanding personal rights, making choices, sexual orientation, self-identification, setting goals, assuming responsibility and driving how one's own life is lived.

Person-Centered Interview Questions (PCP Guide)

These identify what the person wants to work on, what they would like to accomplish, their identified strengths, and any identified obstacles preventing them from reaching their goals.

Action Plan (PCP Guide)

Revised: 07-08-2024

The Action Plan section of the PCP includes the individual's long-term goal, short-term goals, and interventions or the action steps to be taken to achieve these goals. For each desired long-term goal, the Action Plan will include short-term goal(s) as well as interventions.

- Long-Term Goal Development: what motivates the person to engage in services and make changes. These are personal to that individual, often reflect one or more Life Domains, and typically take time to achieve. Ideally, long-term goals are oriented toward quality-of-life priorities and not only the management of health conditions and symptoms.
- Short-Term Goals: help the person move closer to achieving their long-term goals. They reflect concrete changes in functioning/skills/activities that are meaningful to the person and are proof they are making progress. Short-term goals build on strengths while also addressing identified needs from the assessment that interfere with the attainment of the valued, long-term life goal(s). Short-term goals are written in SMART (Specific/Straightforward/Simple, Measurable, Achievable, Relevant, and Time-Limited) language.
- Interventions: reflect how all team members contribute to helping the person achieve their short-term goals. Interventions are the specific tasks the provider and individual agree on. The language of interventions should include: WHO is offering the intervention/support, WHAT specifically will be provided or done (e.g., title of service or action), WHEN it is being offered frequency and duration (e.g., once a month for 3 months), and WHY it is needed (i.e., how the intervention relates to the individual's specific goal).



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Enhanced Crisis Intervention Plan (PCP Guide)

A crisis plan includes supports/interventions aimed at preventing a crisis and the supports/interventions to employ if there is a crisis. It must include:

- Significant event(s) that may create increased stress and trigger the onset of a crisis.
- Early warning signs which indicate a possible upcoming crisis.
- Crisis prevention and early intervention strategies
- Strategies for crisis response and stabilization
- Specific recommendations for interacting with the person receiving a crisis service.
- Diagnosis and insurance information,
- Name and contact information for medical and mental health provider
- List of medications including doses and frequency, allergies, and other medical and dental concerns.
- Living situation and planning for any pets and people, etc. in case of a crisis if applicable.
- Employment/ Educational status and plan for notification if applicable
- Preferred method of communication and language.
- Names and contact information of formal and informal support persons
- Suicide prevention and intervention plan, behavior plan, youth in transition plan and Psychiatric Advance Directive (PAD), if applicable.
- Crisis follow-up planning to include: 1) The primary contact who will coordinate care if the individual requires inpatient or other specialized care;
 Name of the person who will visit the individual while hospitalized, and;
 Provider responsible to lead a review/debriefing following a crisis and the timeframe.

Signature Page (PCP Guide)

Revised: 07-08-2024

Signatures are authenticated when the individual signing enters the date next to their signature. Check boxes left blank on the signature pages of the PCP will be returned as incomplete. A signature page must include:

- Person Receiving Services Dated signature is required when the person is his/her own legally responsible person. A provider may not bill
 Medicaid for services until this signature is acquired if the individual is his or her own legally responsible person.
- Legally Responsible Person Dated signature when the person receiving services is not his/her own LRP. A provider may not bill Medicaid for services until this signature is acquired, when applicable.
- Person Responsible for the Plan Dated signature is required. Inclusion of the required information on the signature page of the PCP template
 by the Person Responsible for the Plan is also required for individuals under the age of 21 (Medicaid) or under age 18 (State) who are receiving
 enhanced services and are actively involved with the Department of Juvenile Justice and Delinquency Prevention or the Criminal Court System.
- Service Order/Confirmation of Medical Necessity Dated signature is required, plus confirmation of medical necessity, indication of whether
 review of the comprehensive clinical assessment occurred, and indication if the LP signing the service order had direct contact with the
 individual.



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Guidance Around Signature Requirements

- All required signatures with dates must be completed.
- Signatures for child mental health services must be completed in the correct location on the form.
- Handwritten signatures require handwritten dates.
- Electronic signatures must have a date stamp, but a time stamp not required. Documents that contain an electronic signature may be in Word or PDF form.

Service & Code	Brief Service Description	Auth Submission Requirements	Authorization Parameters	Source
	Ambulatory Detoxification is	Initial Requests:	Length of Stay:	Clinical Coverage
Ambulatory	an organized outpatient	1. TAR: Prior approval required	1. Initial auth shall not exceed 7 days.	Policy No 8A:
Detoxification	service delivered by trained	2. Assessment: Required	2. Reauthorization shall not exceed 3 days.	Enhanced Mental
	clinicians who provide	3. Complete PCP: Required	3. Maximum length of service is 10 days per episode	Health and
Code(s):	medically supervised	4. Service Order: Required, signed by a	for this service.	Substance Abuse
H0014	evaluation, detoxification	physician, licensed psychologist, PA, or		Services
	and referral services	NP.	<u>Units:</u> 1 unit = 15 minutes	
	according to a	5. Submission of applicable records		APSM 45-2 Records
	predetermined schedule.	that support the member has met the	Age Group: Children/ Adolescents & Adults	Management and
	Such services are provided	medical necessity criteria.		Documentation
	in regularly scheduled	•	Level of Care: ASAM Level 1-WM. The ASAM	<u>Manuals</u>
	sessions. The services are	Reauthorization Requests:	Score must be supported with detailed clinical	
	designed to treat the	1. TAR: Prior approval required	documentation on each of the six ASAM dimensions.	PCP Guidance
	beneficiary's level of clinical	2. Complete PCP: recently reviewed		Documents &
	severity and to achieve	detailing the member's progress with	Population Served: Primary Substance Use	Templates
	safe and comfortable	the service.	Diagnosis only	
	withdrawal from mood-	3. Submission of applicable records		
	altering drugs (including	that support the member has met the	Service Specifics, Limitations, & Exclusions (not	
	alcohol) and to effectively	medical necessity criteria.	all inclusive):	
	facilitate the beneficiary's	·	Cannot be billed the same day as any other service	
	transition into ongoing		except for Substance Abuse Comprehensive	
	treatment and recovery.		Outpatient Treatment (SACOT).	
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Service & Code	Brief Service Description	Auth Submission Requirements	Authorization Parameters	Source
	This is an organized,	Pass-Through	Units:	Clinical
Opioid Treatment Program	outpatient treatment	Period:	One unit = 1 week. Providers may provide and bill for more	Coverage Policy
Services	service for those with	Prior authorization is	than 1 week of take-home doses to meet the member's	8A-9: Opioid
	an opioid use disorder.	not required for this	need. At least one service must be provided to the member	<u>Treatment</u>
Code(s): H0020	The OTP service	service.	within the weekly service payment unit to bill the bundled	Program Service
	utilizes methadone,		rate.	
Bundled Activities:	buprenorphine	Maintained in the		APSM 45-2
Activities in the bundled rate for	formulations,	Record (not all	Age Group: Adults (Age 18 and older)	Records
this service are: a) managing	naltrexone or other	<u>inclusive):</u>		<u>Management</u>
medical plan of care and medical	drugs approved by the	1. CCA or DA:	Level of Care: Opioid Treatment Services (OTS) ASAM	<u>and</u>
monitoring; b) individualized	FDA for the treatment	Required	Criteria Level of Care. The ASAM Score must be supported	<u>Documentation</u>
recovery focused person-centered	of opioid use	2. Service Order:	with detailed clinical documentation on each of the six	<u>Manuals</u>
plan; c) a minimum of 2 required	disorders. This service	completed by a	ASAM dimensions.	
counseling or therapy sessions per	is delivered by an	physician, PA, or NP		PCP Guidance
beneficiary per month during the	interdisciplinary team	3. Complete/	Population Served: Primary Substance Use Diagnosis	Documents &
first year of opioid treatment	of professionals	Updated PCP: to	only	Templates
services and one required	trained in the	include relevant		
counseling session per beneficiary	treatment of opioid	diagnostic	Service Specifics, Limitations & Exclusions (not all	
per month thereafter; d) nursing	use disorder. The	information. The	inclusive):	
services related to administering	team provides person-	provider must	1. In addition to the bundled rate activities, providers can	
medication, preparation,	centered, recovery-	collaborate w/	bill separately for: a) evaluation and management billing	
monitoring, and distribution of	oriented treatment,	individual's existing	codes; b) diagnostic assessments or comprehensive	
take-home medications; e) cost of	case management,	provider to develop	clinical assessments; c) laboratory testing (excluding	
the medication; f) presumptive	and health education.	an integrated PCP.	pregnancy test, TB test, and drug toxicology); d) individual,	
drug screens and definitive drug	A range of cognitive,		group, and family counseling (provided beyond the	
tests; g) pregnancy tests; h) TB	behavioral, and		minimum 2 counseling of therapy sessions per month	
tests; i) psychoeducation	substance use		during the first year or 1 counseling or therapy session per	
consisting of HIV and AIDS	disorder focused		month thereafter) (licensed professionals only); and e) Peer	
education and other health	therapies are provided		Support Services. The program physician can bill E/M	
education services; and j) service	to address substance		codes separately for the admission evaluation and physical	
coordination activities consisting of	use that could		exam.	
coordination with care	compromise recovery.		2. MCD will not cover any services in the OTP Service per	
management entity and			diem as separate billable services or interventions not	
coordination of on and off-site			identified in the member's PCP. Provider must verify each	
treatment and supports.			MCD member's eligibility each time a service is rendered	

Service & Code	Brief Service	Auth Submission	Authorization Parameters	Source
OCI VIOC & OOGC	Description	Requirements		Course
	A periodic service that is	Pass-Through Period:	Length of Stay:	Clinical
Substance	a time-limited, multi-	The initial 60 calendar days of tx do not require	Authorizations shall not exceed 60 days. Note:	Coverage Policy
Abuse	faceted approach	prior authorization. Unmanaged treatment	Contract variations may allow for additional days	No 8A:
Comprehensive	treatment service for	period is available only once per FY.	per auth.	Enhanced
Outpatient	adults who require			Mental Health
Treatment	structure and support to	Initial Requests (after pass-through):	<u>Units:</u> One unit = 1 hour (member must attend at	and Substance
(SACOT)	achieve and sustain	1. TAR: prior authorization required once the	least 4 hours a day for this service to be billed).	Abuse Services
Program	recovery. These	unmanaged treatment period has lapsed.		
	services are provided	Providers may seek prior approval if they are	Age Group: Children/ Adolescents & Adults	APSM 45-2
Code(s): H2035	during day and evening	unsure the member has utilized the pass-		Records
	hours to enable	through period. To ensure timely prior	Level of Care: ASAM Level 2.5 Partial	<u>Management</u>
	members to maintain	authorization, requests must be submitted prior	Hospitalization Services. The ASAM Score must	<u>and</u>
	residence in their	to the last unauthorized visit.	be supported with detailed clinical documentation	<u>Documentation</u>
	community, continue to	2. CCA: Required	on each of the six ASAM dimensions.	<u>Manuals</u>
	work or go to school,	3. PCP: Both the Initial PCP and the PCP		
	and to be a part of their	Update completed during the pass-through	Population Served: Primary Substance Use	PCP Guidance
	family life. SACOT	period are required, to include the amount,	Diagnosis only	Documents &
	includes case	duration, and frequency of the service. Must		<u>Templates</u>
	management to arrange,	include an enhanced crisis intervention plan.	Service Specifics, Limitations & Exclusions	
	link or integrate multiple	4. Service Order: Required, signed by a	(not all inclusive):	
	services as well as	physician, licensed psychologist, PA, or NP.	1. The program conducts random drug screening	
	assessment and	5. Submission of applicable records that	and uses the results of these tests as part of a	
	reassessment of the	support the member has met the medical	comprehensive assessment of participants'	
	member's need for	necessity criteria.	progress toward goals and for PCP.	
	services. The expected		2. SACOT cannot be provided during the same	
	outcome is abstinence.	Reauthorization Requests:	auth period as: SAIOP, all levels of detox	
		1. TAR: Prior authorization is required.	services, Non-Medical Community Residential	
		2. Complete PCP: recently reviewed detailing	Treatment, Medically or, Monitored Community	
		the member's progress with the service. The	Residential Treatment.	
		amount, duration, and frequency of the service		
		must be included. The Crisis Plan must be		
		updated.		
		3. Submission of applicable records that		
		support the member has met the medical		
		necessity criteria.		

Service &	Brief Service	Auth Submission		
Code	Description	Requirements	Authorization Parameters	Source
	Includes structured	Pass-Through Period:	Length of Stay:	Clinical Coverage
Substance	individual and group	The initial 30 calendar days of tx do not require prior	1. Initial (after pass-through) and	Policy No 8A:
Abuse	addiction activities and	authorization. Unmanaged treatment period is	Reauthorization requests shall not exceed 60	Enhanced Mental
Intensive	services that are provided	available only once per FY.	calendar days.	Health and
Outpatient	at an outpatient program			Substance Abuse
Program	designed to assist adult	Initial Requests (after pass-through):	Units: One unit = 1 event per day (a	<u>Services</u>
(SAIOP)	and adolescent	1. TAR: prior authorization required once the	minimum of three hours per day is an event)	
	beneficiaries to begin	unmanaged treatment period has lapsed. Providers		APSM 45-2
Code(s):	recovery and learn skills	may seek prior approval if they are unsure the	Age Group: Children/ Adolescents & Adults	<u>Records</u>
H0015	for recovery	member has utilized the pass-through period. To		Management and
	maintenance. The	ensure timely prior authorization, requests must be	Level of Care: ASAM Level 2.1 Intensive	<u>Documentation</u>
	program is offered at	submitted prior to the last unauthorized visit.	Outpatient Services. The ASAM Score must	<u>Manuals</u>
	least 3 hours a day, at	2. CCA: Required	be supported with detailed clinical	
	least 3 days a week, with	3. PCP: Both the Initial PCP and the PCP Update	documentation on each of the six ASAM	PCP Guidance
	no more than 2	completed during the pass-through period are	dimensions.	Documents &
	consecutive days	required, to include the amount, duration, and		<u>Templates</u>
	between offered services	frequency of the service. Must include an enhanced	Population Served: Primary Substance Use	
	and distinguishes	crisis intervention plan.	Diagnosis only	
	between those members	4. Service Order: Required, signed by a physician,	Complete Consolding Limitations 9	
	needing no more than 19	licensed psychologist, PA, or NP.	Service Specifics, Limitations &	
	hours of structured	5. Submission of applicable records that support the	Exclusions (not all inclusive):	
	services per week (ASAM	member has met the medical necessity criteria.	SAIOP cannot be provided during the same	
	Level 2.1). The expected outcome of SAIOP is	Beautherization Beaucate:	auth period as: SACOT, all levels of detox	
		Reauthorization Requests:	services, Non-Medical Community	
	abstinence.	TAR: Prior approval required once the unmanaged units have been exhausted.	Residential Treatment, Medically or, Monitored Community Residential	
		2. Complete PCP: recently reviewed detailing the	Treatment.	
		member's progress with the service. The amount,	Treatment.	
		duration, and frequency of the service must be		
		included. The Crisis Plan must be updated.		
		3. Submission of applicable records that support the		
		member has met the medical necessity criteria.		
		member has met the medical necessity chiena.		<u> </u>

Service & Code	Brief Service Description	Auth Submission Requirements	Authorization Parameters	Source
Service & Code Substance Abuse Medically Monitored Community Residential Treatment (MMCRT) Code(s): H0013	Description A non-hospital rehabilitation facility for adults, with 24-hour-a-day medical or nursing monitoring, where a planned program of professionally directed evaluation, care and treatment for the restoration of functioning for members with alcohol and other drug problems or addiction	Requirements Initial Requests: 1. TAR: Prior approval required. 2. Regional Referral Form: Required 3. Submission of applicable records that support the member has met the medical necessity criteria. Reauthorization Requests: 1. TAR: prior approval required 2. CCA: Required 3. Complete PCP: recently reviewed detailing the member's progress with the service.	Length of Stay: 1. Up to 10 days per authorization. 2. This is a short-term service that cannot exceed more than 45 days in a 12-month period. Units: One unit = 1 day Age Group: Children/ Adolescents & Adults Level of Care: ASAM Level 3.7 Medically Monitored Intensive Inpatient Services. The ASAM Score must be supported with detailed clinical documentation on each of the six ASAM dimensions. Population Served: Primary Substance Use Diagnosis	Clinical Coverage Policy 8A: Enhanced Mental Health and Substance Abuse Services, Psychosocial Rehabilitation section APSM 45-2 Records Management and Documentation Manuals
	occurs. The expected outcome is abstinence.	 4. Service Order: Required, signed by a physician, licensed psychologist, PA, or NP. 5. Submission of applicable records that support the member has met the medical necessity criteria. 	Service Specifics, Limitations & Exclusions (not all inclusive): 1. Upon completion of the service there will be successful linkage to the community of the members' choice for ongoing step down or support services. 2. MMCRT cannot be billed the same day as any other mental health or substance abuse service except CST or ACT.	PCP Guidance Documents & Templates