

ASAM Risk Rating Severity Matrix

	None / 0	Low / 1	Moderate / 2	High / 3	Severe / 4
Dimension 1 Acute Intoxication and/or Withdrawal Potential	Fully functioning, no signs of intoxication or withdrawal present.	Mild to moderate ability to tolerate or cope with withdrawal	Difficulty tolerating or coping with withdrawal	Poor ability to tolerate or cope with withdrawal	Incapacitated with severe signs and symptoms
Dimension 2 Biomedical Conditions and Complications	Fully functioning and able to cope with any physical discomfort or pain	Mild to moderate ability to tolerate or cope with physical discomfort or pain	Difficulty tolerating or coping with physical discomfort or pain	Poor ability to tolerate or cope with physical discomfort or pain	Incapacitated with severe medical problems
Dimension 3 Emotional, Behavioral, or Cognitive Conditions and Complications	Good impulse control and coping skills	Adequate impulse control and coping skills	Difficulty managing symptoms, frequent symptoms and needs	Poor ability to control impulses, lack of coping skills to control harm to self and/or others	Severe psychiatric symptoms, high risk of harm to self and/or others
Dimension 4 Readiness to Change	Willing, engaged in treatment	Willing able to explore change	Reluctant to agree to treatment, low readiness to change	Unaware of need to change, not engaged in treatment	No immediate action needed if there's low motivation to change but no imminent risk of harm to self/others Immediate action needed if there is high risk of harm to self or others
Dimension 5 Relapse, Continued Use, or Continued Problem Potential	Low or no potential for relapse, good coping skills	Minimal relapse potential, fair ability to care for self	Impaired ability to recognize relapse signs, able to self manage with prompting	Little ability to recognize relapse signs, poor coping skills to avoid relapse	No immediate action needed if poor skills to avoid relapse but no risk of harm to self Immediate action needed if member has no skills to cope with addiction and there is risk of harm to self
Dimension 6 Recovery Environment	Supportive environment and/or able to cope in environment	Able to cope, even if support is not adequate	Nonsupportive environment, client can cope with clinical help	Nonsupportive environment, client having problems coping with with clinical help	No immediate action needed if member is in a nonsupportive or hostile environment but is able to cope Immediate action needed if member is in a nonsupportive, hostile environment and isn't safe