

#YouthCulture:

Adolescent Brain Development and the Role of Social Media

A Must-See Workshop for Parents, Caregivers, and Adults Who Work with Youth

#YouthCulture: Adolescent Brain Development

WHAT: Adolescent Brain Development
and the Role of Social Media

WHO: Adults Only!

Parents/Guardians
Educators
Counselors
Government and
Community Professionals

WHERE: Camden County High School
103 U.S. Hwy 158 W
Camden, NC 27921

WHEN: October 16, 2024
6:00 p.m.—8:00 p.m.

COST: FREE!

QUESTIONS: m.thomas@poehealth.org

www.poehealth.org



Program Description

This program examines the impact of social media on emotional, social and physical health. Participants will explore how adolescent brains process information and make decisions and how that impacts their online experience. This session includes the latest research, examines the risk factors and identifies the protective factors to reduce negative aspects online. A discussion on strategies to increase those protective factors and to support empowering youth to make healthy decisions will be covered. Participants will be equipped with tools and resources to support ongoing conversations.



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