

## Child/Adolescent Clinical Pathway for Eating Disorders

Inclusion Criteria-established and newly diagnosis with mod to severe malnutrition  
Exclusion=active GI pathology that is causing the malnutrition.

PCP and/or ED Assessment. H+P please refer to the link for specifics.  
[https://www.connecticutchildrens.org/sites/default/files/2023-09/clinical\\_pathway\\_-\\_eating\\_disorder\\_-\\_8.28.23.pdf](https://www.connecticutchildrens.org/sites/default/files/2023-09/clinical_pathway_-_eating_disorder_-_8.28.23.pdf) (\*\*pg1)

Pretreatment Evaluation-labs and procedure. Refer to (\*\*pg1) for details.

Admission Criteria with mod to severe malnutrition with the following on (\*\*pg1)

Admission Criteria

Pt doesn't meet admission criteria, refer to further down pathway (\*\*pg1)

Discharge Criteria/Medications-refer to (\*\*pg 2 and pg3).  
Patient to been seen within 7 days after inpatient or ED discharge (HEDIS)

Pt is admitted, refer to initial inpatient treatment management pathway(\*\*pg1).  
If pt has anorexia/bulimia-refer to pathway on (\*\*pg2)  
If pt has avoidant/restrictive food intake disorder (ARFID) refer to pathway on (\*\*pg3)