

TrilliUm Clinical Pathways Outpatient for Child/Adolescents with **Depressive Symptoms**

Transforming Lives. Building Community Well-Being.

Child/Adolescent Presents with Depressive Symptoms (**) Exclusions: inpatient, psychosis, mania, suicidal behavior, age<6y/o

Screen for depression using validated tools (PHQ-9 if age 12 or older)

If screen is (-), then conduct depression eval if depression is suspected. Otherwise continue with routine care.

If screen is (+), then complete depression eval or CCA.

The following are all elements of the Depression Evaluation or CCA can be complete in one or more visits depending on the patient's needs. Clinicians may have some of the information from prior office visits.

- Suicide/ Homicide Safety Risk
- Depressive Symptoms (Including Severity)
- Psychiatric Review of Symptoms
- Mental Health Treatment History
- Assessment Rating Scale
- Psychosocial History (Current and Past)
- Family Medical and Mental Health History
- Medical History
- <u>Academic History</u>
- Level of Functioning, Impairment, and Distress
- Medical Evaluation and Drug Screening, as clinically indicated

If eval/CCA is (+) for depression. Does the Dx meet criteria for MDD or other depressive dx. Then determine severity.

If (-) continue routine care, monitor for depressive symptoms.

