



## Moderate Depression Tx Pathway

### Initial Treatment Considerations

- Evidence-Based Psychotherapy
  - [Cognitive Behavioral Therapy](#)
  - [Interpersonal Psychotherapy for Adolescents](#)
- [Medication Management](#)
- Adjunctive [Family Therapy](#)
- Consider [Consultation with Mental Health Specialist](#)
- If child is 12 years or older perform PHQ-9 during visit.

## Severe Depression Tx Pathway

### Initial Treatment Considerations

- Evidence-Based Psychotherapy
  - [Cognitive Behavioral Therapy](#)
  - [Interpersonal Psychotherapy for Adolescents](#)
- [Medication Management](#)
- Adjunctive [Family Therapy](#)
- [Consult with or Refer to Mental Health Specialist](#)
- [Intensive Outpatient Program](#)
- [Partial Hospitalization Program](#)

If enhance services is utilized, refer to CCP.

### Interventions Common to all Types of Major Depression

[Psychoeducational Tools](#)

[School Accommodations](#)

[Alternative or Complementary Interventions](#)

*Monitor Response (PHQ-9) HEDIS Requirement*