

## News Release

### FOR IMMEDIATE RELEASE

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### MEDIA CONTACT

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### **Trillium Health Resources Providing Funds to Support Child First with Coastal Horizons and Easterseals PORT Health** *Innovative childhood prevention service benefits families*

**GREENVILLE, N.C.** – Trillium Health Resources is providing \$1,000,000 to help enhance Child First services in our region. Coastal Horizons and Easterseals PORT Health will use the funds to implement evidence-based practices from Child First in their communities.

Child First is an innovative, home-based, early childhood intervention, embedded in a system of care that works to decrease the incidence of serious emotional disturbance, developmental and learning problems, and abuse and neglect among the most vulnerable young children and families. Child First has been [evaluated in a randomized, controlled trial](#) with statistically significant findings showing Child First children were less likely to have aggressive and defiant behavior and less likely to have language problems. Mothers also had lower levels of depression and mental health problems, and families were less likely to be involved with child protective services.

“Early interventions like Child First help improve long-term health outcomes, foster compassionate family relationships, and reduce provider costs. By creating a supportive network for families, they are able to access less intensive services,” shared Joy Futrell, Trillium’s Chief Executive Officer.

Trillium will host check presentations at the dates and times below; media are invited to attend.

Coastal Horizons

Thursday, February 6

11 a.m.

Trillium Health Resources office: 1100 Seven Lakes Dr., West End

Easterseals PORT Health

Monday, February 24

11 a.m.

Trillium Health Resources office: 514 East Main Street, Beulaville

### **ABOUT TRILLIUM HEALTH RESOURCES**

Trillium Health Resources is an innovative health plan for individuals with serious behavioral health, intellectual/developmental disabilities, and traumatic brain injury in 46 counties in North Carolina. Through contracts with NCDHHS, we serve Medicaid members on the Tailored Plan and NC Medicaid Direct, state-funded recipients who are uninsured, and members on the Innovations Waiver. Trillium's mission is transforming lives and building community well-being through partnership and proven solutions. We take an integrated approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is dedicated to meeting the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit [www.TrilliumHealthResources.org](http://www.TrilliumHealthResources.org).

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