

News Release

FOR IMMEDIATE RELEASE April 8, 2025 MEDIA CONTACT Jennifer Mackethan Jennifer.Mackethan@TrilliumNC.org 1.866.998.2597

Trillium Health Resources Supports School-Based Therapy in Hyde County

Agreement with Southeastern Integrated Care will serve students ages 5 through 18

GREENVILLE, N.C. – Trillium Health Resources has signed a memorandum of agreement with Hyde County Schools and Southeastern Integrated Care. Students will be able to receive mental health services during the school day, minimizing barriers to health care and promoting academic and social success.

Referrals for the outpatient therapy can come from Student Services Team (SST), a parent, school counselor social worker, principal, and others. School-based mental health therapists will meet with the students in the schools in private locations after receiving parental permission. When necessary, telehealth services will be offered. Therapists will tailor the treatment to the child's needs based on a comprehensive clinical assessment.

"Integrating behavioral health support directly into schools ensures that students receive the care they need in a familiar and accessible setting," stated Nancy Leach, Director of Student Services with Hyde County Schools. "While mental health care is valued by many in our county, for families dealing with the challenges of living in economic distress, such as food insecurity or economic instability, mental health care often feels like a luxury. Considering the current mental health crisis, strengthening the mental health support network within our schools is the only way we will help our students develop the skills they need to thrive academically and beyond."



Based on the agreement, Southeastern Integrated Care will share quarterly information about numbers of clients being served, number of therapy sessions, types of services, therapist information and other aggregated data relevant to demonstrating program effectiveness. Information will abide by HIPPA regulations and will not include any protected health information.

ABOUT TRILLIUM HEALTH RESOURCES

Trillium Health Resources is an innovative health plan for individuals with serious behavioral health, intellectual/developmental disabilities, and traumatic brain injury in 46 counties in North Carolina. Through contracts with NCDHHS, we serve Medicaid members on the Tailored Plan and NC Medicaid Direct, statefunded recipients who are uninsured, and members on the Innovations Waiver. Trillium's mission is transforming lives and building community well-being through partnership and proven solutions. We take an integrated approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is dedicated to meeting the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit <u>www.TrilliumHealthResources.org</u>.

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