

## News Release

FOR IMMEDIATE RELEASE  
July 24, 2024

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### **Oxford House Opens in New Bern**

*Sober living house will be one of 93 in the Trillium Health Resources region*

**NEW BERN, N.C.** – Oxford House and Trillium have opened a new residence in New Bern to serve eight men. Oxford Houses offer a clean, sober housing option for individuals in recovery. The new site expands the 30 Oxford House facilities and more than 100 beds currently operating in Trillium’s region under this contract. There are a total of 93 Oxford Houses in the 46 counties covered by Trillium

“Recovery is strengthened when safe and sober living is combined with supportive community,” Trillium’s Head of Housing, Amy Modlin, said. “Trillium is proud to stand with Oxford House as we expand the opportunity for hope and healing to New Bern.”

After an application and approval process, individuals in the program are expected to participate in a recovery program in the community. They must also follow basic house rules, including contributions to household expenses and electing officers in rotating leadership positions.

The opening is part of Oxford House’s initiative and contract with Trillium, the [2020 Vision for Recovery](#). The contract also includes developing resources to support residents of the Oxford Houses. Community partnerships with community colleges, vocational rehabilitation, court systems and the NC Division of Employment Security are just a few resources made available through relationships and memorandums of agreement.

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The New Bern site hosted an open house on July 24. Individuals interested in participating in the program can call Oxford House staff at 252-631-2005 to set up an interview or visit [oxfordhousenc.com](http://oxfordhousenc.com) for more information on availability in houses in other areas.

“Every new Oxford House in North Carolina is the chance for a new beginning for individuals in recovery, as well as their families and communities,” Modlin said. “We’re grateful to have New Bern join us in offering more opportunities for stable and sustainable support for those in their recovery journey.”



### **ABOUT TRILLIUM HEALTH RESOURCES**

Trillium Health Resources is an innovative health plan for individuals with serious behavioral health, intellectual/developmental disabilities, and traumatic brain injury in 46 counties in North Carolina. Through contracts with NCDHHS, we serve Medicaid members on the Tailored Plan and NC Medicaid Direct, state-funded recipients who are uninsured, and members on the Innovations Waiver. Trillium’s mission is transforming lives and building community well-being through partnership and proven solutions. We take an integrated approach to health and wellbeing, coordinating care across multiple systems to achieve improved health outcomes, quality of care and efficient use of resources. Trillium is dedicated to meeting the unique needs of the individuals and communities we serve, and remains focused on delivering the right services, in the right amount, at the right time. For more information, visit [www.TrilliumHealthResources.org](http://www.TrilliumHealthResources.org).

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